



Gold Medallion

Course Description

The aim of this course is to provide participants with advanced skills and knowledge to manage emergency situations in autonomous situations.

Award

Upon successful completion of this course participants will receive the SLSA Gold Medallion award.

Course content

- **Perform Complex Patient Rescue and Support, Aided and Unaided by Equipment**
 - Select appropriate rescue equipment
 - Access and manage the patient's levels of distress
 - Support and return patients to shore
 - Perform a one-person drag technique and patient lay
- **Perform Surf Skill and Fitness Test**
 - Complete a 400 metre swim, 800 metre run, 400 metre board paddle and 800 metre run in 25 minutes
 - Complete tube rescue of patient 100 metres out at sea and return (flippers optional)
 - Complete board rescue of patient 200 metres out at sea and return
- **Work Autonomously**
 - Plan and undertake work activities
 - Accept responsibilities
 - Set performance requirements
 - Maintain team performance

Entry Requirements

- Participants must be a minimum of 17 years of age on the date of final assessment.
- Participants must meet the following SLSA requirements:
 - Hold a current SLSA Bronze Medallion/Certificate II in Public Safety (Aquatic Rescue)
 - Hold a current Advanced Resuscitation Certificate
 - Hold a current Senior First Aid Certificate
 - Hold a current Silver Medallion Patrol Captain/Basic Beach Management
 - Hold a current Silver Medallion Advanced Emergency Care
 - Complete an 800 metre swim in 14 minutes or less in a swimming pool no less than 25 metres

General Information

The duration of the course is dependent on prior learning and fitness levels.



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AUSTRALIAN LIFESAVING
ACADEMY
NEW SOUTH WALES

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Assessment

Assessment is through demonstration, presentation and application of all elements in the workplace. Participants will be required to complete activities that may include role-plays, oral and written questioning, practical demonstrations and performing scenarios.

Course Enquiries

Direct your course enquiries to your **Chief Training Officer** at your club.



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